

# Cherry Blossom Reiki Health & Well Being Treatment Menu & Price List

## Reiki Energy Therapy

First Session £40, follow up sessions

1 hour £30 1 1/2 hours £40

3 sessions paid in advance £80 (1hr)/£110(1.5hr)

Reiki Child 30 mins £20

Reiki for pets - home visits avail P.O.A

Reiki Home/Work Visits Available P.O.A

Reiki 1hr + 20 min guided meditation £40

**Reiki Training Courses - see website**

## Meditation

One to one tuition £30 per hour

Available for small groups, workshops and in the work place. POA

## Open Heart Sessions

Soul to soul work in a safe, nonjudgmental sacred space. We all need a shoulder sometimes...and to be heard. Intuitive Healing £40 per hour

## Mind, Body & Spirit Retreat

Escape from it all...includes a back, neck & shoulder massage or Indian Head Massage or Facial and an "add on" of your choice + Reiki treatment & guided meditation to really give yourself time to switch off! Time out just for you.....2 1/4 hrs £80 (contact me for details)

## Massage Therapies

Indian Head Massage 45 mins £30

Deluxe Indian Head Massage 1hr £40

Indian Head Massage inc. Hot Stone Massage to Upper Back 45 mins £40

## Hot Stones Massage

90 mins £75 / 60 mins £60 / 40 mins £40

Hot Stones Back, Neck & Shoulder Massage 40mins £40

Hot Stones Back, Neck, Shoulder & Calf Massage 40 mins £40

## Back, Neck & Shoulder Massage

Back, Neck & Shoulder Massage 30 mins £20

Back, Neck, Shoulder & Calf Massage 40 mins £30

Swedish Body Massage **Women Only** £45 per hour

## Fifteen Minute Add on's for an extra £10

Reiki Chakra Balance

Hand Massage

Dry Brush Exfoliation

Guided meditation

## Feet Treats

**Foot Spa Soak, & Restorative Massage for Calf & Feet**

25 mins £25

**Foot Spa Soak & Hot Stones Massage for Lower Leg, Calf & Feet**

40 mins £35

**Rejuvenating Foot Massage** 20 mins £20

## Help for Hands

Massage & Deep Moisturise

25 mins £15

## Holistic Facials - Natural & Gentle

**The works!**

Deep cleanse, exfoliation, massage, mask & moisturise

60 mins £40

**Express Facial** - tailored to your needs

30 mins £20

## Cherry Blossom Bespoke "Time Rituals"

Book time rather than a specific treatment, tailor-made to meet individual needs...£65 1 1/2 hrs

Diet & Nutritional Advice Also Available

**Beautiful Gift Vouchers Available For All Occasions**



**Complementary Angel Card Reading With First Reiki Treatment If Requested, subsequent readings £5.00**

Payment accepted by cash, cheque and card.

Charge applic. on payment by cards under £10

Paypal is also accepted, please let me know in advance if you prefer to pay via Paypal.

All first time treatments include a 10min consultation which is in addition to the times stated above.

Prices subject to change without notice.

Cherry Blossom Reiki Health & Well Being reserves the right to charge in full for non attendance or cancellations of less than 24 hours notice.

Revised edition 01.02.2017 E,O&E t&c's apply